

EXECUTIVE COMMITTEE Brussels, 9-10 June 2004 163.EC

Item 5 b) on the agenda

# Social Dialogue Results of the negotiations on Stress

Annexe(s):

- 1) Draft framework agreement on work-related stress (Joint proposal 27/05/2004)
- 2) Explanatory note -Results of the negotiations on work-related stress
- 3) Comparative table ETUC mandate and draft joint agreement

The Executive Committee is asked:

- To take note of and discuss the attached documents
- To agree on the procedure proposed by the Secretariat in view of the final decision on the framework agreement on work-related stress



## ANNEX 1

## Draft framework agreement on work-related stress (Joint proposal - 27 May 2004)

## **Original Text**

#### 1. Introduction

Work-related stress has been identified at international, European and national levels as a concern for both employers and workers. Having identified the need for specific joint action on this issue and anticipating a Commission consultation on stress, the European social partners included this issue in the work programme of the social dialogue 2003-2005.

Stress can potentially affect any workplace and any worker, irrespective of the size of the company, field of activity, or form of employment contract or relationship. In practice, not all work places and not all workers are necessarily affected.

Tackling stress at work can lead to greater efficiency and improved occupational health and safety, with consequent economic and social benefits for companies, workers and society as a whole. Diversity of the workforce is an important consideration when tackling problems of work-related stress.

#### 2. Aim

The aim of the present agreement is to

- increase the awareness and understanding of employers, workers and their representatives of work-related stress,
- draw their attention to signs that could indicate problems of work-related stress.

The objective of this agreement is to provide employers and workers with a framework to identify and prevent or manage problems of work-related stress. It is not about attaching blame to the individual for stress.

Recognising that harassment and violence at the work place are potential work related stressors but that the EU social partners, in the work programme of the social dialogue 2003-2005, will explore the possibility of negotiating a specific agreement on these issues, this agreement does not deal with violence, harassment and post-traumatic stress.

#### 3. Description of stress and work-related stress

Stress is a state, which is accompanied by physical, psychological or social complaints or dysfunctions and which results from individuals feeling unable to bridge a gap with the requirements or expectations placed on them.

The individual is well adapted to cope with short-term exposure to pressure, which can be considered as positive, but has greater difficulty in coping with prolonged exposure to intensive pressure. Moreover, different individuals can react differently to similar situations and the same individual can react differently to similar situations at different times of his/her life.

Stress is not a disease but prolonged exposure to it may reduce effectiveness at work and may cause ill health.

Stress originating outside the working environment can lead to changes in behaviour and reduced effectiveness at work. All manifestations of stress at work cannot be considered as work-related stress. Work-related stress can be caused by different factors such as work content, work organisation, work environment, poor communication, etc.

#### 4. Identifying problems of work-related stress

Given the complexity of the stress phenomenon, this agreement does not intend to provide an exhaustive list of potential stress indicators. However, high absenteeism or staff turnover, frequent interpersonal conflicts or complaints by workers are some of the signs that may indicate a problem of work-related stress.

Identifying whether there is a problem of work-related stress can involve an analysis of factors such as work organisation and processes (working time arrangements, degree of autonomy, match between workers skills and job requirements, workload, etc.), working conditions and environment (exposure to abusive behaviour, noise, heat, dangerous substances, etc.), communication (uncertainty about what is expected at work, employment prospects, or forthcoming change, etc.) and subjective factors (emotional and social pressures, feeling unable to cope, perceived lack of support, etc.).

If a problem of work-related stress is identified, action must be taken to prevent, eliminate or reduce it. The responsibility for determining the appropriate measures rests with the employer. These measures will be carried out with the participation and collaboration of workers and/or their representatives.

#### 5. Responsibilities of employers and workers

Under framework directive 89/391, all employers have a legal obligation to protect the occupational safety and health of workers. This duty also applies to problems of work-related stress in so far as they entail a risk to health and safety. All workers have a general duty to comply with protective measures determined by the employer.

Addressing problems of work-related stress may be carried out within an overall process of risk assessment, through a separate stress policy and/or by specific measures targeted at identified stress factors.

# 6. Preventing, eliminating or reducing problems of work-related stress

Preventing, eliminating or reducing problems of work-related stress can include various measures. These measures can be collective, individual or both. They can be introduced in the form of specific measures targeted at identified stress factors or as part of an integrated stress policy encompassing both preventive and responsive measures.

Where the required expertise inside the work place is insufficient, competent external expertise can be called upon, in accordance with European and national legislation, collective agreements and practices.

Once in place, anti-stress measures should be regularly reviewed to assess their effectiveness, if they are making optimum use of resources, and are still appropriate or necessary.

Such measures could include, for example:

- management and communication measures such as clarifying the company's objectives and the role of individual workers, ensuring adequate management support for individuals and teams, matching responsibility and control over work, improving work organisation and processes, working conditions and environment,
- training managers and workers to raise awareness and understanding of stress, its possible causes and how to deal with it, and/or to adapt to change,
- provision of information to and consultation with workers and/or their representatives in accordance with EU and national legislation, collective agreements and practices.

#### 7. Implementation and follow-up

In the context of article 139 of the Treaty, this voluntary European framework agreement commits the members of UNICE/UEAPME, CEEP and ETUC (and the liaison committee EUROCADRES/CEC) to implement it in accordance with the procedures and practices specific to management and labour in the Member States and in the countries of the European Economic Area.

The signatory parties also invite their member organisations in candidate countries to implement this agreement.

The implementation of this agreement will be carried out within three years after the date of signature of this agreement.

Member organisations will report on the implementation of this agreement to the Social Dialogue Committee. During the first three years after the date of signature of this agreement, the Social Dialogue Committee will prepare a yearly table summarising the on-going implementation of the agreement. A full report on the implementation actions taken will be prepared by the Social Dialogue Committee during the fourth year.

The signatory parties shall evaluate and review the agreement any time after the five years following the date of signature, if requested by one of them.

In case of questions on the content of this agreement, member organisations involved can jointly or separately refer to the signatory parties, who will jointly or separately reply.

When implementing this agreement, the members of the signatory parties avoid unnecessary burdens on SME's.

Implementation of this agreement does not constitute valid grounds to reduce the general level of protection afforded to workers in the field of this agreement.

This agreement does not prejudice the right of social partners to conclude, at the appropriate level, including European level, agreements adapting and/or complementing this agreement in a manner which will take note of the specific needs of the social partners concerned.

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## ANNEX 2

#### Explanatory note -Results of the negotiations on work-related stress

The negotiations on work-related stress are part of the Work Programme of the European Social Partners 2003-2005. Negotiations started on the 18 September 2003 and finished on the 27 May 2004, in accordance with the 9 months period that the Treaty leaves to the European social partners to negotiate (Art. 138-4).

The ETUC delegation has decided to recommend positively this agreement to the Executive Committee, although this was no done unanimously.

In the following document are:

- 1. The final draft of the framework on work-related stress
- 2. An explanatory note on the final joint text
- 3. A table comparing the final text and the ETUC mandate

The explanatory note intends to give an overview on the content of the agreement, chapter by chapter, focusing on the main issues at stake and that were subject to discussions throughout the negotiations.

It should be noted that as in the framework agreement on telework, this draft European framework agreement on stress at work does not solve some of the problems encountered by the European social dialogue in its present state:

- 1. The basis of which is to agree on a minimum common denominator, that cannot be of immediate benefit for all of our affiliates, especially for those countries that have already more favourable conditions either legally or contractually
- 2. The need to launch an internal reflection on the products of the autonomous European social dialogue, in order to discuss their nature and status, and their rights and obligation attached to them. The question of the efficient implementation of the framework agreement is at stake, especially regarding the commitments of the member organisations of the signatory parties.

The comparative table aims at evaluating the final joint text as regards the mandate given to the ETUC delegation by the Executive committee on 28-29 April 2003.

The Executive Committee is asked:

- To take note of and discuss the draft framework agreement on work-related stress reached by the ETUC and UNICE delegations,
- Following the debate, to agree on the following procedure for the final adoption of the draft agreement:
  - Through written procedure, member organisations should express their opinion by the end of July 2004;
  - In the basis of the replies received, the ETUC secretariat will make a final proposal to the member organisations for adoption by the end of August 2004.



## Introduction

Work-related stress has been identified at international, European and national levels as a concern for both employers and workers. Having identified the need for specific joint action on this issue and anticipating a Commission consultation on stress, the European social partners included this issue in the work programme of the social dialogue 2003-2005.

Stress can potentially affect any workplace and any worker, irrespective of the size of the company, field of activity, or form of employment contract or relationship. In practice, not all work places and not all workers are necessarily affected.

Tackling stress at work can lead to greater efficiency and improved occupational health and safety, with consequent economic and social benefits for companies, workers and society as a whole. Diversity of the workforce is an important consideration when tackling problems of work-related stress.

ETUC position	Unice position
1. Input: (common) concern for both, need for specific joint action,	Anticipating a Commission consultation
reference to the social partners work programme 2003-2005	
2. Broad coverage of work related stress situations also in SMEs.	WRS cannot be generalised to all work places and not to all workers
First mention that WRS falls in the scope of occupational health and	
safety	
3. Broad economic and social impact of tackling WRS for the	
enterprises, workers and society.	
Diversity: in tackling WRS specific features of the work force should	Wanted to limit the diversity aspect to gender.
be considered such as gender, but also age, qualification, ethnic origin	
and employment types.	

#### 2. Aim

The aim of the present agreement is to:

- increase the awareness and understanding of employers, workers and their representatives of work-related stress,
- draw their attention to signs that could indicate problems of work-related stress.

The objective of this agreement is to provide employers and workers with a framework to identify and prevent or manage problems of work-related stress. It is not about attaching blame to the individual for stress.

Recognising that harassment and violence at the work place are potential work related stressors but that the EU social partners, in the work programme of the social dialogue 2003-2005, will explore the possibility of negotiating a specific agreement on these issues, this agreement does not deal with violence, harassment and post-traumatic stress.

ETUC position	Unice position
1. Aim is to have WRS tackled at the work place by all the parties	The employer's delegation recognized that the issue is a collective one
signs of WRS should be taken in consideration in order to identify	and should not only remain within the employer.
WRS situations. Problems of WRS should be understood as going	Signs of WRS are the "trigger mechanism" that allows to address
beyond occupational health and safety problems.	specifically companies where an action is needed and prevents from
	considering all the companies

<ul><li>2. Aim is to provide all parties involved with a framework that would enable them to identify, prevent or manage WRS. The objective of the ETUC is to have an action oriented agreement with practical instruments.</li><li>First mention that WRS has to be understood as a collective issue and not remain with the individual sphere of each worker.</li></ul>	Difficult to achieve as the employers delegation has since the beginning of the negotiation focus on the individual and emotional
	aspects of stress in general.

3. Scope of the joint proposal is to deal with WRS and not with	
harassment, violence at the work place and post-traumatic stress, as	
these issues are independently issues of potential negotiation in the	
work programme of the EU social partners.	

#### **3.** Description of stress and work-related stress

Stress is a state, which is accompanied by physical, psychological or social complaints or dysfunctions and which results from individuals feeling unable to bridge a gap with the requirements or expectations placed on them.

The individual is well adapted to cope with short-term exposure to pressure, which can be considered as positive, but has greater difficulty in coping with prolonged exposure to intensive pressure. Moreover, different individuals can react differently to similar situations and the same individual can react differently to similar situations at different times of his/her life.

Stress is not a disease but prolonged exposure to it may reduce effectiveness at work and may cause ill health.

Stress originating outside the working environment can lead to changes in behaviour and reduced effectiveness at work. All manifestations of stress at work cannot be considered as work-related stress. Work-related stress can be caused by different factors such as work content, work organisation, work environment, poor communication, etc.

ETUC position	Unice position
This item of the negotiation has been the most difficult (together with the chapter 7 on implementation) as the employer delegation insisted on the subjective and individual aspects of stress. It was extremely difficult to find a joint position on a definition (the word definition was also rejected by the employer delegation. We proposed several other formulation that were rejected as too "only workers oriented" proposals.	
Deadlo	ck issue
1. First part of the sentence is ok. The reference to <i>individuals feeling</i> <i>unable to bridge a gap with the requirements or expectations placed</i> <i>on them</i> is too subjective and non measurable. The negative aspects of the sentence are counterbalanced in the rest of the text (and in chapter 2 in the version of 11.05). Furthermore the sentence deals with stress in general and not with WRS.	The employer's delegation insists to have the reference to the subjective aspect of stress They insisted to have references to positive stress, excessive stress, prolonged exposure to stress, in order to diminish the areas in which stress could be harmful for the health of workers
2.first sentence is too individual focused and in some extend is not scientifically correct as the negative impact to short exposure can be as harmful and damageable to one's health as a prolonged exposure. Second sentence is to stress the fact that reactions of one person to	
similar stressful situations can be different depending on their occurrence in life.	

Stress is not a disease but a combination of reactions that can lead to pathology. Here again the prolonged exposure is scientifically not correct. Reference to WRS starts in this 3. sentence. Of importance is that there is a link between WRS and the impact on effectiveness at work.	Stress is not recognised as a disease. Insist on the prolonged exposure (understood as negative stress by the employers delegation).
<ul><li>4. First sentence refers to stress imported from the private sphere of individuals that may have influence work places. However, stress expressed at the work place does not automatically have its origin in the work place.</li><li>Second sentence: WRS has its origin, in particular in work content,</li></ul>	As the employers don't want to be the unique source of stress, they insist on stress originating outside the company but recognised simultaneously the need to deal with it when it influences the work place
organisation and environment; this is the "key" of the chapter and the agreement	Reference to work content, organisation and environment has been until the end of the negotiation discussed in the employers delegation. The Italian employer federation refused the reference as it enables workers and their representatives to negotiate on work condition when they lead to occupational stress.

#### 4. Identifying problems of work-related stress

Given the complexity of the stress phenomenon, this agreement does not intend to provide an exhaustive list of potential stress indicators. However, high absenteeism or staff turnover, frequent interpersonal conflicts or complaints by workers are some of the signs that may indicate a problem of work-related stress.

Identifying whether there is a problem of work-related stress can involve an analysis of factors such as work organisation and processes (working time arrangements, degree of autonomy, match between workers skills and job requirements, workload, etc.), working conditions and environment (exposure to abusive behaviour, noise, heat, dangerous substances, etc.), communication (uncertainty about what is expected at work, employment prospects, or forthcoming change, etc.) and subjective factors (emotional and social pressures, feeling unable to cope, perceived lack of support, etc.).

If a problem of work-related stress is identified, action must be taken to prevent, eliminate or reduce it. The responsibility for determining the appropriate measures rests with the employer. These measures will be carried out with the participation and collaboration of workers and/or their representatives.

ETUC position	Unice position
1. The ETUC insisted to avoid having a shopping list. Attempts to give	
relevant examples of signs of occupational stress. The selection of the	
examples has been proposed by the ETUC delegation and completed	
by the employer's delegation. High absenteeism or staff turnover	
counterbalance the request of employers to have reference to individual	
aspects such as complaints of workers.	
2. Important § as it mentions some important examples of stressors	Insist on the subjective stressors such as emotional pressures, feeling
related to work organization and processes, working conditions and	unable to cope, perceived lack of support. These aspects are
environment, communication. Insist on the stressors that do not have	counterbalanced by references to working time arrangements degree of
subjective aspects. Reference to employment prospect (= non standards	autonomy, exposure to abusive behaviours
employment and job security), and forthcoming changes (=	
restructuring, mergers, outsourcing, introduction of new technology).	

3. First mention of actions to be taken with the participation and	Decision to act rests an employer prerogative on the basis of existing
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collaboration of workers and their representatives. Should be	legislation on information and consultation.
interpreted as the active involvement of workers and workers' reps in	
the elaboration, implementation and monitoring of anti stress	
measures.	
We recognize the fact that without a willingness of the particular	
employer to address stress in "his" company, nothing serious could be	
done	

#### 5. Responsibilities of employers and workers

Under framework directive 89/391, all employers have a legal obligation to protect the occupational safety and health of workers. This duty also applies to problems of work-related stress in so far as they entail a risk to health and safety. All workers have a general duty to comply with protective measures determined by the employer.

Addressing problems of work-related stress may be carried out within an overall process of risk assessment, through a separate stress policy and/or by specific measures targeted at identified stress factors.

ETUC position	Unice position
1. Reference to the framework directive on health and safety at work	Employer delegation had great difficulty to accept that the FWD was
where employer's duties are clearly and broadly specified. Mention	the basis of the negotiation and that we wanted to build on the existing
that these duties are applicable to WRS. This sentence reinforces the	EU legislation in this respect.
link with the FWD as WRS is concerned. Workers compliance with the	
measures is an acceptable item, when reference is made to the FWD.	
Furthermore, anti stress measures (understood as anti-stressors'	
measures) should be elaborated together with workers and workers	
reps, which give us some guarantee.	

2. Methods to tackle WRS have been heavily discussed.	Employer delegation wanted to have alternative use of methods, which
We managed to have possibility of a cumulative choice of the methods	would have excluded the use of risk assessment as stated in the FWD.
including the use of instruments foreseen in the framework directive	
such as risk assessment	

#### 6. Preventing, eliminating or reducing problems of work-related stress

Preventing, eliminating or reducing problems of work-related stress can include various measures. These measures can be collective, individual or both. They can be introduced in the form of specific measures targeted at identified stress factors or as part of an integrated stress policy encompassing both preventive and responsive measures.

Where the required expertise inside the work place is insufficient, competent external expertise can be called upon, in accordance with European and national legislation, collective agreements and practices.

Once in place, anti-stress measures should be regularly reviewed to assess their effectiveness, if they are making optimum use of resources, and are still appropriate or necessary.

Such measures could include, for example:

- management and communication measures such as clarifying the company's objectives and the role of individual workers, ensuring adequate management support for individuals and teams, matching responsibility and control over work, improving work organisation and processes, working conditions and environment,
- training managers and workers to raise awareness and understanding of stress, its possible causes and how to deal with it, and/or to adapt to change,
- provision of information to and consultation with workers and/or their representatives in accordance with EU and national legislation, collective agreements and practices.

ETUC position	Unice position
1. Measures of WRS can be diversified, collective and/or individual	Difficulty to accept the collective aspects of measures.
and can be specific to a situation or integrated in an integrated stress	
policy. This leaves a certain flexibility to adapt to each WRS situation.	
However, anti stress policy (anti-stressors' policy) should be	
understood as dynamic action plan (as it's revised, etc).	

2. Recourse to external expertise is possible in accordance with EU and	Difficulty to accept external expertises especially because of the costs
national law, collective agreement and practices	involved for the employers.

3. Regular review of anti stress measures. Reference to monitoring of measures was not easy to gain. Examples refer essentially – coherently	Reference to information and consultation as an independent § was not accepted by the employer's delegation.
(re-enforcing them) with the previous chapters – to management	
responsibility and work organisation and processes, working	
conditions and environment, training. No reference to training of	
workers reps possible.	
Information and consultation as possible anti stress measures should be	
understood as additional to what the FWD already foresees. No	
possibility to add to the FWD reference to the quality and good timing	
of the information	

#### 7. Implementation and follow-up

In the context of article 139 of the Treaty, this voluntary European framework agreement commits the members of UNICE/UEAPME, CEEP and ETUC (and the liaison committee EUROCADRES/CEC) to implement it in accordance with the procedures and practices specific to management and labour in the Member States and in the countries of the European Economic Area.

The signatory parties also invite their member organisations in candidate countries to implement this agreement.

The implementation of this agreement will be carried out within three years after the date of signature of this agreement.

Member organisations will report on the implementation of this agreement to the Social Dialogue Committee. During the first three years after the date of signature of this agreement, the Social Dialogue Committee will prepare a yearly table summarising the on-going implementation of the agreement. A full report on the implementation actions taken will be prepared by the Social Dialogue Committee during the fourth year.

The signatory parties shall evaluate and review the agreement any time after the five years following the date of signature, if requested by one of them.

In case of questions on the content of this agreement, member organisations involved can jointly or separately refer to the signatory parties, who will jointly or separately reply.

When implementing this agreement, the members of the signatory parties avoid unnecessary burdens on SMEs.

Implementation of this agreement does not constitute valid grounds to reduce the general level of protection afforded to workers in the field of this agreement.

This agreement does not prejudice the right of social partners to conclude, at the appropriate level, including European level, agreements adapting and/or complementing this agreement in a manner, which will take note of the specific needs of the social partners concerned.

ETUC position	Unice position
1. Changes operated to the telework agreement.	No need to change what is written in the chapter 12 of the telework
Reference to Article 139 of the treaty in relation to the word	agreement, because it is still too early to be able to evaluate it.
"voluntary" put the emphasis on the <u>procedure</u> and not on the content	No possibility for the employers to accept a reference to the binding
of the agreement. The procedure to engage in a EU negotiation is	character of the national implementation instruments. They argue that
voluntarily accepted by the EU social partners = autonomy of social	the instruments should therefore be legally binding which does not take
partners. Move from introduction part of the telework agreement to the	into account national contractual practices. Did not accept to write our
implementation part to focus that "voluntary" applies to the procedure	argument that binding instruments are also be contractually binding.
of 139.	Hard discussion on the interpretation of "voluntary". The acceptance of
Furthermore <u>members</u> of the Unice and Etuc <u>commit</u> themselves to	the term "voluntary" in the telework agreement made negotiation even
implement the agreement. This is a clear commitment to act and	more difficult.
represents an added value compared to the telework agreement	
We attend to reverse the trend and not to build a precedent in accepting	
to leave the reference to "voluntary" as it was in the telework	
agreement.	
Reference to the EEA countries (not mentioned in the telework	
agreement).	

2. Reference to the new candidates countries to support them in	
European social dialogue matters in case of accession.	

3. 3 years implementation in 2007	Similar to the telework agreement

4. Changes operated to the telework agreement: improvement of the	
reporting and monitoring. Yearly information on the implementation	
process to the social dialogue committee. Concern not to overload	
SDC and member organisations with too many reports on social	
dialogue issues. Implementation report in 2008.	

5. Changes operated to the telework agreement: evaluation and review	
after 5 years if requested by one of the signatory parties	

6. Changes operated to the telework agreement: joint or separate reply	
of the signatory parties when questions on the agreement arise.	
7. Reference to SMEs move to the implementation part (and not in the introduction as in telework agreement) for more coherence.	Balanced with the reference in the introduction to the fact that stress can () affect any workplace (), irrespective of the size of the company
8. Move of the non-regression clause and more favourable clause to the implementation part (and not in the introduction as in telework agreement) for more coherence. No reference to national mediation, conciliation and arbitration was accepted by the the employer's delegation	



## ANNEX 3

Comparative table ETUC mandate and draft joint agreement

This document aims at identifying the issues of the mandate given to the ETUC for the negotiation on stress at work with the results of the negotiation achieved on 27.05.2004 as a joint text issued by the ETUC and UNICE delegations.

Most of the issues dealt with in the mandate are to be found in the joint text, to the exception of the reference to confidentiality of information provided by the workers on stress (point 4 § 4 of the mandate) and the reintegration into employment of stress-damaged workers as each of the member states legislation has its own regulation to deal with these two issues.

Issues in bold are the issues at stake that are to be found in both documents, sometimes with a different formulation.

## **Comparative table ETUC mandate and joint agreement**

ETUC mandate	Final joint text
- (Point 2) Definition of stress - Stress as "a pattern of emotional, cognitive, behavioural and physiological reactions to adverse and noxious aspects of work content, work organisation and work environment" <sup>1</sup>	Chapter 3 §1: Description of stress and work related stress Stress is a <b>state</b> , <b>which is accompanied</b> <b>by physical, psychological or social</b> <b>complaints or dysfunctions</b> () Chapter 3 § 3: Stress is <b>not a disease</b> but prolonged exposure to it may reduce effectiveness at work and <b>may cause ill</b> <b>health.</b> Chapter 3 § 4: Work-related stress can be caused by different factors such as <b>work</b> <b>content, work organisation, work</b> <b>environment</b> , poor communication. Chapter 2: () The objective of this
	agreement is to provide employers and workers with a <b>framework to identify</b> <b>and prevent or manage</b> problems of work-related stress. It is not about attaching blame to the individual for stress. Chapter 1: Tackling stress at work can lead to <b>greater efficiency and improved</b> <b>occupational health and safety</b> , with consequent <b>economic and social benefits</b>
- Which results in particular when workers cannot exercise a reasonable <b>degree of responsibility</b> , <b>authority and</b> <b>influence</b> over their work.	<ul> <li>for companies, workers and society as a whole</li> <li>Chapter 4: Identifying problems of work-related stress can involve an analysis of factors such as work organisation and processes () degree of autonomy, ()</li> </ul>
<ul> <li>The agreement will refute any notion that stress can be positive and aim to improve workers' well-being at work</li> <li>(Point 3) The agreement will cover all workers<sup>2</sup> having a contract or employment relation, whether in the private or public sector. The agreement will seek to establish a number of</li> </ul>	<ul> <li>Chapter 3 § 2: reference to positive short-term exposure is dealt with in general terms, and not referring to work related stress.</li> <li>Chapter 1: Stress can potentially affect any workplace and any worker, irrespective of the size of the company, field of activity, or form of employment contract or relationship. ()</li> </ul>

<sup>1</sup> EC guidance on work-related stress "Spice of life – or kiss of death?"
 <sup>2</sup> This means all types of workers (blue collar and white collar workers)

<b>general principles</b> , objectives and <b>concrete measures</b> to combat and eliminate stress at work and it will contain <b>provisions for implementation</b> , <b>monitoring, and evaluation</b> .	<b>Diversity of the workforce</b> is an important consideration when tackling problems of work-related stress. On implementation, monitoring and evaluation: see chapter 6 and 7.
<ul> <li>(Point 4) Content:</li> <li>(Point 4-1) Recognise that stress at work is a growing problem with major social and economic consequences and that it needs to be tackled urgently by employers and trade unions;</li> </ul>	Chapter 1: Work-related stress has been identified at international, European and national levels as a concern for <b>both</b> employers and workers. <b>Having</b> <b>identified the need for specific joint</b> <b>action on this issue ()</b>
- (Point 4-2) Underline and spell out clearly the <b>responsibility</b> of employers to prevent stress at work and to establish, <b>in</b> <b>cooperation with trade union and/or</b> <b>worker representatives</b> ,	- Chapter 5: Under framework directive 89/391, all employers have a legal obligation to protect the occupational safety and health of workers. <b>This duty</b> <b>also applies to</b> problems of work-related stress in so far as they entail a risk to health and safety. All workers have a general duty to comply with protective measures determined by the employer. Chapter 4: Action to prevent, eliminate or reduce it () will be carried out with the participation and collaboration of workers and/or their representatives.
- (Point 4-2) Appropriate policies ()	- Reference to the framework directive
building on the existing legal provisions - (Point 4-3) <b>Aim</b> to prevent stress <i>at its</i> <i>origin</i> by identifying, evaluating, and removing the causes of stress	89/391 in chapter 5. Chapter 2: The aim of the present agreement is to increase the awareness and understanding of employers, workers and their representatives of work-related stress, to draw their attention to signs that could indicate problems of work-related stress () Chapters 3 and 6: <b>Preventing</b> , <b>eliminating or reducing</b> problems of work-related stress
- (Point 4-4) Guarantee the <b>confidentiality</b> of information provided by workers on stress	No reference
<ul> <li>(Point 4-5) Propose collective solutions to stress, while recognising that individuals may also need specific help</li> <li>(Point 4-6) Tools and instruments</li> </ul>	Chapter 6: These measures can be collective, individual or both. They can be introduced in the form of specific measures targeted at identified stress factors or as part of an integrated stress policy encompassing both preventive and responsive measures - Tools and instruments: chapter 6.

(and, possibly, benchmarks) to effectively	- Chapter 4: Identifying whether there is a
evaluate and remove "stress factors"	problem of work-related stress can
linked in particular to work organisation.	involve an analysis of factors such as
Such factors include physical and mental	work organisation and processes
workload; repetitive work; irregular and	(working time arrangements, degree of
unpredictable working hours; lack of	autonomy, match between workers
job security; the risk of violence and	skills and job requirements, workload,
intimidation; the absence of clear	etc.), working conditions and
instructions; the lack of recognition, or	environment (exposure to abusive
rewards for work done, the lack of	behaviour, noise, heat, dangerous
influence and responsibility	substances, etc.), communication
	(uncertainty about what is expected at
	<u>work, employment prospects,</u> or
	forthcoming change, etc.) and subjective
	factors (emotional and social pressures,
	feeling unable to cope, perceived lack of
	support, etc.).
	Chapter 2: harassment and violence at
	the work place are potential work related
	stressors but that the EU social partners,
	in the work programme of the social
	dialogue 2003-2005, will explore the
	possibility of negotiating a specific
	agreement on these issues, this agreement
	does not deal with violence, harassment
	and post-traumatic stress.
- (Point 5) Promote a partnership	- Chapter 1: Work-related stress has been
approach	identified at international, European and
	national levels as a concern for both
	employers and workers. Having
	identified the need for specific joint
	action on this issue.
	Chapter 4 § 3: These measures will be
	carried out with the participation and
	collaboration of workers and/or their
	representatives.
- (Point 6) Strengthening training on	Chapter 6: () anti-stress measures
psycho-social risks, improving services	could include training managers and
for prevention and control,	workers to raise awareness and
	understanding of stress, its possible
	causes and how to deal with it, and/or to
	adapt to change,
	() Where the required <b>expertise inside</b>
	the work place is insufficient, competent
	external expertise can be called upon, in
	accordance with European and national
	legislation, collective agreements and
	practices
- or the reintegration into employment of	- No reference
stress-damaged workers.	
sulss-uamageu workers.	

- (point 7) a non-regression clause	Chapter 7: Implementation of this agreement <b>does not constitute valid</b> <b>grounds to reduce the general level of</b> <b>protection</b> afforded to workers in the field of this agreement. This agreement does not prejudice the right of social partners to conclude, at the
	appropriate level, including European level, agreements adapting and/or complementing this agreement in a manner which will take note of the specific needs of the social partners concerned
(Point 8) Implementation: The agreement, whether implemented according to the procedures and practices specific to management and labour and/or as a Council Directive, will be binding on the signatory parties and contain a clause regarding the effective implementation, monitoring and follow-up of the Agreement at national, sectoral and European level, as well as for the resolution of any disputes arising over the interpretation of the agreement.	Chapter 7: In the context of article 139 of the Treaty, this voluntary European framework agreement <b>commits the</b> <b>members of UNICE/UEAPME, CEEP</b> <b>and ETUC</b> (and the liaison committee EUROCADRES/CEC) <b>to implement it</b> in accordance with the procedures and practices specific to management and labour in the Member States and in the countries of the European Economic Area () Member organisations will report on the implementation of this agreement to the Social Dialogue Committee. During the first three years after the date of signature of this agreement, the Social Dialogue Committee will prepare a
	yearly table summarising the on-going implementation of the agreement. A full report on the implementation actions taken will be prepared by the Social Dialogue Committee during the fourth year. () In case of questions on the content of this agreement, member organisations involved can jointly or separately refer to the signatory parties, who will jointly or separately reply